

Weather pain symptom tracking

Please use the scale (0-5) for symptom tracking. 0- Poor & 5 - Excellent

Question	Day 1	Day 2	Day 3	Day 4	Day 5
Pain Severity How severe is your pain?					
Fatigue How severe was your fatigue today?					
Morning stiffness How stiff do you feel this morning					
Impact of pain How much has your pain interfered with your activities today?					
Physical Activity					
Mood					
Sleep					